

Wound Management Protocol for the Penitentiary System of the State of São Paulo



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Introduction: Wounds represent a common challenge within the health system and can significantly impact patients' quality of life. Many healthcare services need standardized protocols for wound management, including outpatient clinics in penitentiary systems.^{1, 2,3 4} **Objective:** To develop and implement a wound management protocol for the penitentiary system of the State of São Paulo. **Materials and Methods:** This study was approved by the Research Ethics Committee of the Federal University of São Paulo (Unifesp) (CAAE 59996916.0.0000.5505) and by the Department of Penitentiary Administration of the State of São Paulo (Secretaria de Administração Penitenciária - SAP) (CAAE 59996916.0.3001.5563). The study was developed in several stages, including prior protocol review, epidemiological profile analysis, literature review, content development, and validation using the Delphi technique. Agreement among responses was assessed using the Content Validity Index (CVI). In the second round, the overall CVI reached 1.0, exceeding the minimum required threshold of 0.90, thus indicating a high level of consensus. **Results:** This wound management protocol was developed based on the literature and adapted to the characteristics of the institution. The final validated version consisted of 70 pages and 15 illustrations and included the following sections: introduction, objective, responsibilities of the healthcare team, operational guidelines, considerations on wounds and healing, assessment of the patient's general conditions, assessment of wounds, treatment, care guidelines, consideration on topical therapy, and illustrations. **Conclusion:** A wound management protocol was successfully developed for the Penitentiary System of the State of São Paulo, being implemented at the "Nestor Canoa" Penitentiary Unit, Mirandópolis, SP, Brazil.

Keywords: Wounds and Injuries, Prisons, Validation Studies, Protocols, Stomal Therapy.

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"I have no conflict of interest"

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