

# Hypodermoclysis in oncologic palliative care

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## Objective:

To evaluate the effectiveness of hypodermoclysis in hydration and symptom relief in cancer patients receiving palliative care.

## Methods:

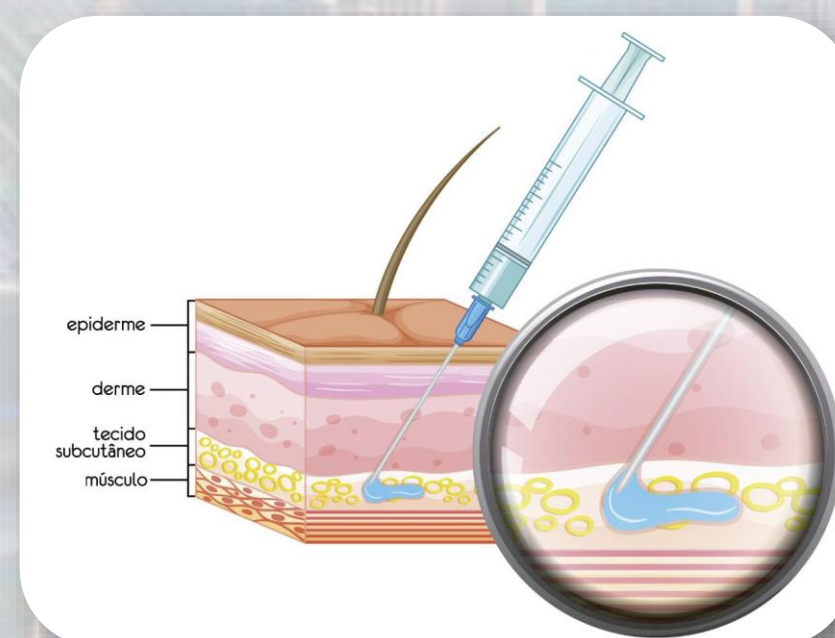
A literature review was conducted using scientific articles published between 2020 and 2025 that addressed the use of hypodermoclysis in oncology patients undergoing palliative care. The analysis considered data related to the application of the technique in both hospital and home settings.

## Results:

Hypodermoclysis proved to be an effective technique for the administration of medications and electrolytes, offering advantages such as ease of application, low cost, safety, and good tolerability. Patient suffering was reduced by minimizing repeated venipunctures, and the technique significantly contributed to pain and symptom control. The reviewed studies indicated good patient acceptance and a lower incidence of complications compared to traditional venous access.

## Conclusion:

Hypodermoclysis is a safe and effective alternative for fluid administration in cancer patients under palliative care, enhancing patient comfort and quality of life. Despite its benefits, the technique remains underrecognized and underutilized by many healthcare professionals, highlighting the need for broader dissemination and training in this area.



<https://ensino.hcxfmusp.org.br/online/hipodermoclise-cuidados-prolongados>