

Interculturality in Health Care: Healing Traditions in the Brazilian Amazon from the Nursing Perspective



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The objective is to bring local nurses closer to the treatment of the wounds of the native peoples of the Amazon an understanding that goes beyond medical technique. It involves a deep understanding of and respect for each tribe's culture, including their dietary practices.

Methodology: This is an analytical and comparative case study developed in patients from various indigenous tribes of the Amazon.

Results: Through the analysis of the results in the care of the wounds of these native peoples, it was revealed that 50% of the delay in the healing process is due to the food culture of each tribe.

And that in the other 50% of the treatment they became effective and faster, due to the introduction of new nutrients and advanced technologies in the treatment process, aligning culture with technology, always respecting the cultural tradition of the native peoples of the Amazon.

Conclusion

It is concluded that nurses should be cultural mediators, adapting medical care to the realities and habits of each people. This includes not only treating wounds, but also health education, promoting nutritional changes that can aid in healing, without disrespecting cultural traditions.

These professionals face the difficult task of balancing scientific knowledge with deep cultural sensitivity, which is essential to ensure that care is effective and respectful. Therefore, nurses' education should emphasize these cultural and nutritional skills to improve the health and well-being of these populations.



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