Multidisciplinary management of people with Hidradenitis Suppurativa

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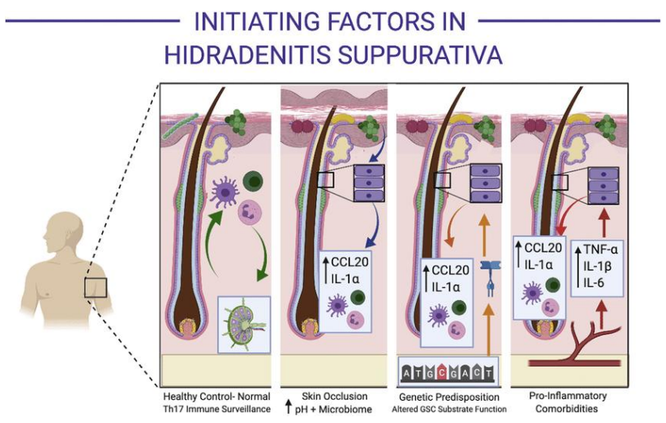
Hidradenitis Suppurativa is a chronic, inflammatory skin disorder characterized by painful nodules, abscesses, and sinus tracts in intertriginous áreas

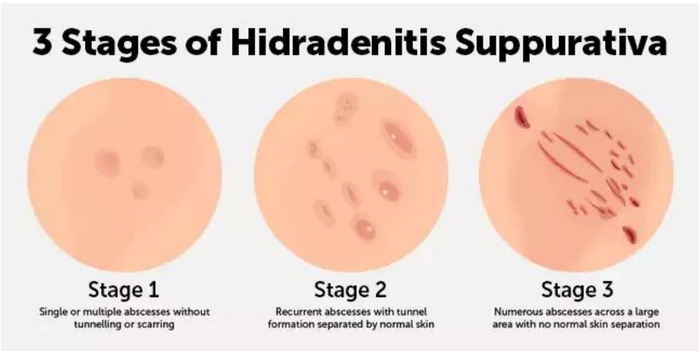
HS requires integrated management due to:

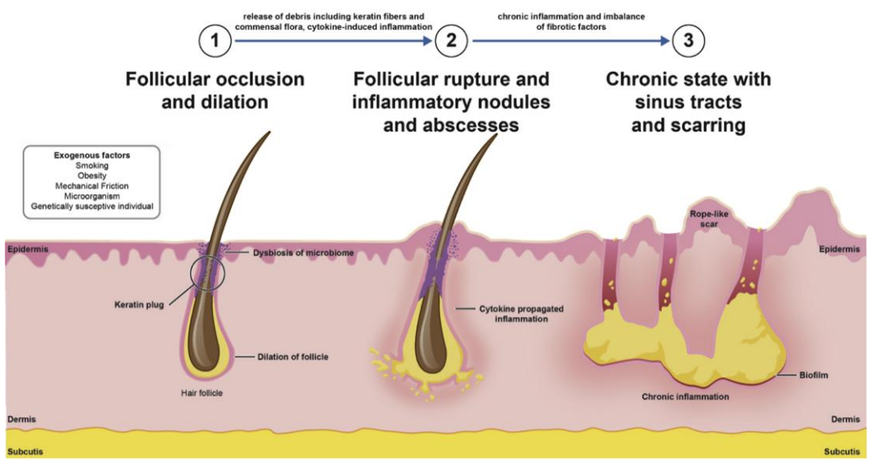
- **Delayed diagnosis and high disease burden**
- **Multisystem comorbidities (obesity, PCOS, depression)**
- **Variable response to treatment and risk of recurrence**

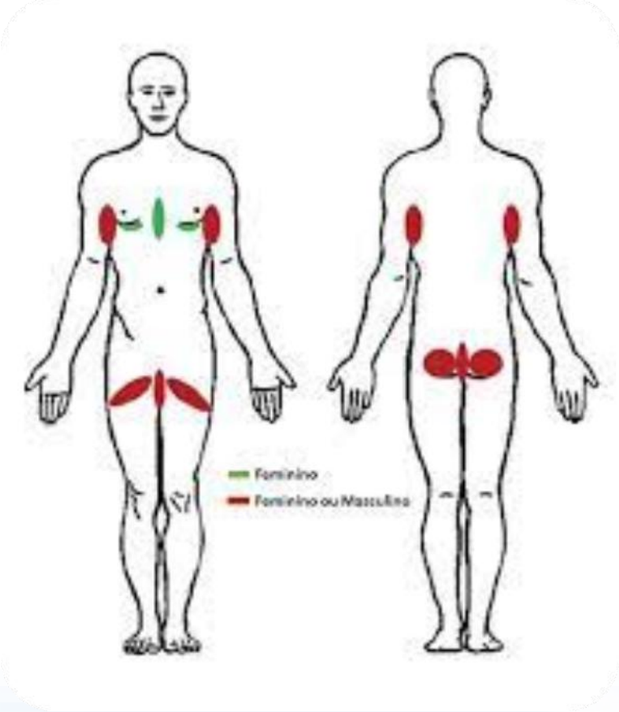
Key Objectives of Multidisciplinary Management

- **Optimize diagnosis and disease staging (Hurley classification)**
- **Coordinate pharmacologic, surgical, and supportive care**
- **Address physical, metabolic, and psychosocial comorbidities**
- **Estabilish wound care and skin care**
- **Promote patient education and self-management**



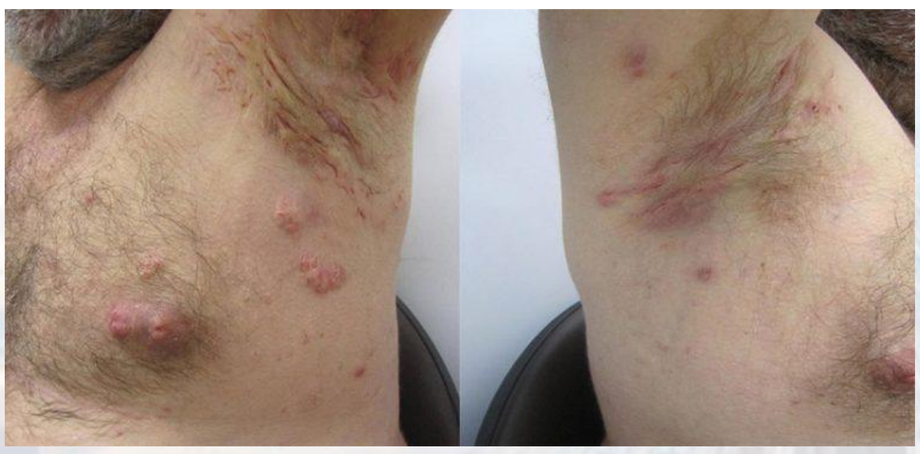






MULTIDISCIPLINARY MANAGEMENT

- ✓ **SISTEMIC TREATMENT BASED ON HURLEY TYPE**
- ✓ **WOUND CARE WITH SPECIAL DRESSINGS , NPWT, FOTOBIOMODULATION**
- ✓ **EMOTIONAL SUPPORT**
- ✓ **NUTRITIONAL EDUCATION**
- ✓ **SURGERY**
- ✓ **COMPLEMENTARY THERAPIES**



SUPPORTIVE GROUPS

- **DERMATOLOGIST**
- **NURSE**
- **RHEUMATOLOGIST**
- **MENTAL HEALTH PROFESSIONALS**
- **PATIENT CENTERED CARE**

The objective of this work was update classification of hidradenitis suppurativa and to share our experience on multidisciplinary care of people in a public institution

Ministério da Saúde - Portaria Conjunta Nº 14, de 11 de Setembro de 2019

Aprova o Protocolo Clínico e Diretrizes Terapêuticas da Hidradenite Supurativa.

"I have no conflict of interest"

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